Imagine you are your dream vacation in an exotic country, everything is going better than you ever imagined, you are finally relaxed, you watch your 3 and 6-year-old children playing in the sand. As a single mother, these moments are few and far between and you can't believe your good fortune in winning this vacation. Everything is perfect until you slip and fall and really hurt your ankle climbing the stairs from the beach. Suddenly well-meaning people are surrounding you trying to help you, they are all speaking in French, and you don't understand any of it. You are frightened and you look at your young children who seem frightened as well, suddenly you smile at them through the pain and lie, “Mommy is ok. Honestly, I am fine babies!”

People from the hotel come to the scene and want to take the children inside to the playroom out of the sun and away from the chaos. As a single mother, these moments are few and far between and you can’t believe your good fortune in winning this vacation. Everything is perfect until you slip and fall and really hurt your ankle climbing the stairs from the beach. Suddenly well-meaning people are surrounding you trying to help you, they are all speaking in French, and you don’t understand any of it. You are frightened and you look at your young children who seem frightened as well, suddenly you smile at them through the pain and lie, “Mommy is ok. Honestly, I am fine babies!”

The Clark County Children’s Mental Health Consortium Public Awareness Workgroup had a poster contest entitled “Stop the Stigma!” to encourage local youth 17 and younger to be involved. The winners of the contest were honored at a reception at the Southern Nevada Summit. First place was awarded to Novia Perkins from Durango High School, second place went to Marvin Sharp from Chaparral High School and third place went to Holly Wolff from Odyssey Charter High School. Congratulations to all the winners!

Why Culturally and Linguistically Appropriate Standards are Important in Healthcare

BY: LINDA GUASTELLA, M.ED., LCPC

Imagine you are your dream vacation in an exotic country, everything is going better than you ever imagined, you are finally relaxed, you watch your 3 and 6-year-old children playing in the sand. As a single mother, these moments are few and far between and you can’t believe your good fortune in winning this vacation. Everything is perfect until you slip and fall and really hurt your ankle climbing the stairs from the beach. Suddenly well-meaning people are surrounding you trying to help you, they are all speaking in French, and you don’t understand any of it. You are frightened and you look at your young children who seem frightened as well, suddenly you smile at them through the pain and lie, “Mommy is ok. Honestly, I am fine babies!”

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The National Standards in Culturally and Linguistically Appropriate Standards (CLAS) in Healthcare were adopted by the U.S. Department of Health and Human Services. Education is the first and most important step. These standards are meant to guide and assist agencies in providing care to a broad population in a way that includes their culture and presents information in a way families can understand. Families can serve as valuable advocates in this area by educating professionals about their families’ cultural norms and language needs.

It is impossible for anyone to be “competent” in every language and culture, but service providers can find ways to honor & respect families’ cultures making the care they provide more of a partnership. When service providers who know the CLAS standards partner with the family it helps to make sure that the family receives services and supports that make sense for them.

The Nevada System of Care offers a 2-hour CLAS workshop available statewide that is open to service providers, community agencies and families free of charge. If you are interested in attending a training please contact the Nevada SOC Unit at 702-486-6118.
NEIGHBORHOOD FAMILY SERVICE CENTER
BY: MAGDALENA RUIZ, CPSP

There are four neighborhood care centers to serve families in Las Vegas located in the North, East, South, and West sides of the valley. Early childhood mental health services, early childhood day treatment and comprehensive behavioral health services are available for children ages 0 - 18 and their families, as well as Wraparound Facilitators to help families coordinate services following the system of care core values and principles. The Neighborhood Care Centers are committed to providing services that are family driven, youth guided and community based. In addition, the Mobile Crisis Response Team (MCRT) is available to help support youth and families experiencing a mental or behavioral health crisis situation. MCRT in Southern Nevada is available 24 hours a day/7 days a week to respond in the home, community, or school.

If you have questions or are interested in learning about services available through the Neighborhood Care Centers please visit or call any of the community Neighborhood Care Centers at 702-486-0000. The Mobile Crisis Response Team can be contacted at 702-486-7865.

Inspirational THOUGHT

“Believe in yourself, in your vision for your future and in your ability to take a small step each day toward achieving your vision.”
– Jonathan Lockwood Huie

Federal Highlight
BY: JACQUELINE HARRIS, MA, MFT, LADC

21ST CENTURY CURES ACT

The 21st Century Cures Act was signed on December 13, 2016 by President Obama. This bill is a very positive step forward in the areas of healthcare, opioid abuse, and mental health service delivery. The 21st Century Cures Act marks the first mental health reform bill in more than 50 years, requiring providers to care for the whole person, not just the physical.

The 21st Century Cures Act enhances coordination of a fragmented mental health system by the establishment of an Assistant Secretary for Mental Health and Substance Use. SAMHSA (Substance Abuse Mental Health Services Administration) will be responsible for promoting programs that utilize best practices and evidence-based clinical interventions. This Act also requires SAMHSA to develop a strategic plan every four years that identifies strategies to improve the recruitment training and retention of a mental health and substance use disorder workforce. There is a particular focus on the workforce for rural areas.

The Cures Act also focuses on enhancement to grant opportunities including those focused on integrated care for primary care and behavioral healthcare, training grants for evidence-based programs, and supports the establishment or expansion of internships or field placements in programs in mental health. For a summary of the bill please visit: www.himss.org/21st-century-cures-act-summary
Cultural competency is important for professionals, families, and individuals to understand and respect. Families have their own culture; each individual within the family has their own culture. In a family there are different variables that impact and influence their culture. An individual’s culture is influenced not only by their family but by a variety of circumstances such as socio-economic status, ethnicity, social circles, gender, disability, sexual orientation, and attitudes, just to name a few.

During the 2017 Nevada Legislative Session, a number of legislators came together to sponsor a bill to support Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) youth who are being served within the child welfare system, juvenile justice, and mental health facilities. It is the goal of the bill to ensure that child and youth serving systems in Nevada are also culturally competent when serving our LGBTQ youth.

Under this bill, which went into effect October 1, 2017, child and youth serving agencies must treat a child or youth according to their gender identity and must adopt policies that support this goal. The Division of Child & Family Services (DCFS) organized a committee to assist in writing policies to support LGBTQ youth including a grievance and resolution process. Additionally, training was developed by The Gay and Lesbian Community Center of Southern Nevada through a partnership with the Division of Child & Family Service System of Care Unit for those who work within child serving systems to expand knowledge and cultural sensitivity. This important training has been presented in Northern, Rural and Southern Nevada to over 500 participants so far and there are plans for ongoing presentations to help implement this law.

Anyone interested in participating in this training can contact the Nevada System of Care at 702-486-6118.

The following tips may be helpful:

• Avoid stock statements and offer genuine responses.
• Avoid judgments and comparisons.
• Be attuned to changes in symptoms.
• Correct inaccuracies. It is important that children are correctly informed and do not share, or are not swayed by, inaccurate information.
• Engage in open discussion. When children ask questions or are ready to talk about events, do not avoid discussions.
• Give practical help. Ask what needs to be done or listen attentively for what might be needed.
• Limit exposure to the media. Limiting media exposure and replays of images can be overwhelming.
• Maintain regular routines and schedules. Routines will help reduce anxiety and provide children with a sense that things are returning to normal.
• Make sure children understand the facts correctly. When possible, ask children to write, tell or draw what they know about the event and correct any misconceptions through discussion.
• Prepare children for emergencies. Be sure that children are aware of procedures to be followed in an emergency and know the specific people responsible for them and who to contact.
• Remember that the needs of traumatized people change over time.
• Seek referrals. Children with emotional or behavioral problems may require additional short- or long-term assistance in managing their reactions.
• Tailor the information to the child’s strengths.
• Validate children’s feelings. Assure children that their perceptions that events are scary are valid and that even adults can be frightened or worried.

Family TIES is the Nevada Family-to-Family Health Information Center which offers information, peer support, education, training, and outreach at no cost to families of children with special health care needs. www.familytiesnv.org. Information for this article was taken from The New York University Child Study Center, Caring for Kids after Trauma, Disaster and Death. www.aboutourkids.org, Trauma and the Family of Children with Special Needs.
Upcoming Events

LAS VEGAS/HENDERSON

City of Las Vegas, Adaptive Recreation Division 250 N. Eastern Ave., 89101
Through the city’s Adaptive Recreation Division, community-based therapeutic recreation services provide opportunities for individuals to become and to stay active in the community. Individuals of all ages and ability levels will find a variety of recreational activities to enrich their leisure time.
Contact: Cindy Moyes 702.229.4902 or cmoyes@lasvegasnevada.gov

Down Syndrome Organization of Southern Nevada
Enlighten the public by promoting a positive understanding of Down syndrome in the community and be a source of support, information and education for families and individuals with Down syndrome 5300 Vegas Drive, 89108 Contact: 702.648.1990
dcline@dsosn.org Website: www.dsosn.org

FEAT of Southern Nevada
(Families for Early Autism Treatment) Provide support, encouragement, and guidance to parents and create an opportunity for them to benefit from contact with other parents with similar needs and concerns. 7055 Windy St. Ste. B Las Vegas, NV 89119 or call Jennifer Strobel 702.368.3328 Spanish: 702.403.6263 Email: info@featsonv.org or www.featsonv.org

Give Me a Break, Inc. (GAB)
Provide leadership and vision in developing and implementing programs, which support, strengthen, and nurture families in Nevada, diligently working to ensure access to respite care opportunities. (702) 219-0394

Heart & Soul Discussion Group
Committed to making a difference in the lives of heart families through emotional, educational, and financial support to lives of heart families through emotional, and financial support to

RENO/SPARKS

Recreation and Experience Club (R.E.C.) Therapeutic Recreation and Inclusion Services provides support in the form of adaptive equipment, program modification, additional staff training, support staff, and other services to facilitate inclusion. Afternoon Youth and Adult recreation activities scheduled on the 9 month CCSD school calendar. 280 Water Street Henderson, NV 89015 Contact Sheri Cordray, Therapeutic Recreation Supervisor 702.267.4065

Nevada Hands and Voices A statewide non-profit organization dedicated to supporting families and their children who are deaf or hard of hearing, as well as the professionals who serve them. Contact Northern Nevada Region Contact: Amy Swanson 775.351.1959 (voice/text) Email: amy@nvhandsandvoice.org or visit www.nvhandsandvoices.org

Special Olympics of Southern Nevada Sports training and competition opportunities provide athletes of all ability levels the chance to play and be part of a team. Through sports, we are bringing special education and general education students on the same playing field, promoting acceptance and respect for all. 5670 Wynn Road, Suite H Las Vegas, NV 89118 702.474.0694 Email: info@sonv.org

RENO/SPARKS

Applied Behavior Technologies (ABT) ABA (Applied Behavior Analysis) In-home services provide your child or young adult with one on one ABA therapy to target social skills, independence and problem behaviors in a convenient setting for your family. We specialize in providing parents and other caregivers with the tools they need to be successful with their child in all settings. Free consultation 775.354.1380 4840 Vista Blvd, Sparks NV 89436 Email: tina@appliedbehaviorotechnologies.com

Asperger’s Support Group
Support group meeting the 1st and 3rd Wednesday of the month at the Barnes & Noble in Reno from 6:30-7:45pm 5555 S Virginia St, Reno, NV 89052 Contact: John Maes 775.787.2904

Cerebral Palsy Parent Network
Group of proud parents of kids with cerebral palsy and other developmental challenges who get together to share our life experiences 775.342.3205 cpparentnetwork@hotmail.com

Down Syndrome Network of Northern Nevada Family Support Group
Monthly meetings the first Tuesday of every month 5:45pm-7:30pm. At Nevada Early Intervention Services 1301 Cordone Ave. Suite 190. For more information call 775.828.5159 or email dsninfo@gmail.com

Nevada Hands and Voices
A statewide non-profit organization dedicated to supporting families and their children who are deaf or hard of hearing, as well as the professionals who serve them. Contact Northern Nevada Region Contact: Amy Swanson 775.351.1959 (voice/text) Email: amy@nvhandsandvoice.org or visit www.nvhandsandvoices.org

Nevada PEP Family Support Group
We meet the 3rd Tuesday of every month from 6:30-8:00pm, 4600 Kietzke Ln. Ste.1-202, Reno. For more information call 775.448.9950 or 800.216.5188

Special Olympics in Northern Nevada
Sports training and competition opportunities provide athletes of all ability levels the chance to play and be part of a team. Through sports, we are bringing special education and general education students on the same playing field, promoting acceptance and respect for all. Contact Jordan Clements 775-657-8208

JUSTIn Hope Foundation
(Families for Autism Spectrum Disorder and other neurodevelopment disorders) For more information call Carol Ritz 775-453-9262 or visit Justinhope.org

The Solace Tree
Works with children, teens and adults who are grieving a loss or struggling emotionally and mentally. Provides a safe and healthy outlet for their feelings and thoughts support group available. 775.324.7723 email info@solacetree.org or visit www.solacetree.org.

RURALS

Ron Woods Family Resource Center
We create lasting community wide cooperative effort between the private sector and governmental agencies to promote healthy family relationships through education and support services. We currently offer a vast array of services that range from basic needs assistance to parenting classes and after school programs. 2621 Northgate Ln. Ste. 62 Carson City, 89706. info@carson-family.org
The Clark County Children’s Mental Health Consortium continues to meet the first Friday of the month at the Division of Child & Family Services (6171 W. Charleston Blvd., Building #7). At the most recent meeting, there was a large group of administrators, providers, school personnel and family representatives. Reports were given on legislative updates, System of Care and parent concerns.

A focus of the Clark County Consortium has been on their 2018 Service Priorities. Continuing priorities for the plan include the following:

1. Re-structure the public children’s behavioral health financing and delivery system to ensure quality, accountability, and positive outcomes for Clark Country’s children and families;
2. Provide mobile crises intervention and stabilization services to Clark County youth in crises;
3. Expand access to family peer support services for the families of Clark County’s children at risk for long-term institutional placement; and
4. Develop partnerships between schools and behavioral health providers to implement school-based and school-linked interventions for children identified with behavioral health care needs.

The chair of the Clark County Consortium, Dan Musgrove, presented the plan to the recent meeting of the Division of Public and Behavioral Health Southern Regional Behavioral Health Policy Board. The consortium will be gearing up for their ten year strategic plan in 2020. This year’s plan can be reviewed at www.cccmhc.org/reports.

Parent concerns regarding the increase of suspensions and RPC’s were discussed as the school year comes to an end. Parents are worried that both students and teachers are winding down the year and behaviors are likely to increase as teacher patience is waning. Solutions were discussed in regards to utilizing services such as the social workers in schools, parent advocates and the SafeVoice program if issues arise. More information can be found on the SafeVoice Program at www.safevoicenv.org, by phone at (833) 216-SAFE or downloading the SafeVoice app on Apple or Google on your mobile device.

For more information on the Clark County Consortia, please visit their website at www.cccmhc.org.

I first contacted Nevada PEP a couple of years ago when I had reached the point that I could no longer advocate effectively or find services for my child all by myself. I’m so glad I made the call because they have turned into one of the greatest blessings my family has had the opportunity to work with. There are many points that make Nevada PEP an amazing organization but two of the most important ones are each person I have had interactions with have been amazing.

I have had the amazing pleasure of working with Elisa Kline for the last two years and she is great at what she does. She has the knowledge that truly helps me work with the schools and get the services and accommodations that my son needs. It’s so nice to know that if I have a question, concern or problem Elisa is a phone call or email away. There isn’t a price you can pay for support like that. Not only is she well versed as a family specialist, but when I have questions about possible programs that might help him she is always willing to research them and send me the information on them.

I’m so grateful for Elisa and everyone at Nevada PEP they are all so caring, kind, and supportive and truly do go the extra mile for families. Working with them for my family has really been an amazing experience and I am truly grateful for them and all they do.

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What is Youth M.O.V.E. Nevada Up To?

BY: ROSLYN TIMMERMAN

Here at Youth M.O.V.E. Nevada (YMNV) we have hard at work raising awareness through Mental Health Awareness Month as well as Children’s Mental Health Awareness Day which took place on May 10th, 2018! This year’s CMHAD theme was “Partnering for Health and Hope Following Trauma” and focused on the importance of a coordinated approach to caring for the mental health needs of children, youth, and young adults who have experienced trauma, as well as their families. YMNV members put together our own social media campaign to bring awareness to and help end the stigma of mental health as well as provide tools and resources to support youth and families in our communities throughout Nevada! Youth M.O.V.E. Nevada is also excited to announce our participation in SAMHSA’s ECCO (Excellence in Community Communications and Outreach) Awards Recognition Program which celebrates the outstanding achievements of System of Care grantees. The video was created by Youth M.O.V.E. Nevada, Nevada PEP and the Nevada System of Care and features Youth M.O.V.E. Nevada members. The outcome was an exceptional video that brings awareness to mental health stigma and bullying from the youth perspective. This video showcases the talent, passion and authentic voices of our members as well as our commitment to work together to help end the stigma of mental health in Nevada! To watch our video submission or to learn more about YMNV and how to get involved, be sure to check out our website at http://www.nvpep.org/youth-move.html and don’t forget to follow us on social media! Facebook: facebook.com/youthmovenv, Twitter: @YouthMOVEnv, Instagram: @YouthMOVEnv.
BY: CHAR FROST, CPSP

The Washoe County Children’s Mental Health Consortium; referred to as (Consortium), initial plan, “2020 Vision: A Call to Action, Ten Year Plan for Children’s Mental Health: January 2010 – December 2020, formed four workgroups to address four corresponding areas of priority. The Consortium continues to focus efforts on the four goals: Developing access to care; Helping families help themselves; Helping youth succeed in school; and Youth in transition. During 2017, the Consortium and its 4 workgroups engaged in intensive planning and recognized the need to acknowledge a new context of services, which includes Nevada’s movement toward the implementation of a statewide System of Care (SOC) for children’s behavioral health. One of the many accomplishments to highlight the Consortium’s commitment to increase youth and family engagement by creating intentional opportunities to seek input and listen to youth and families and develop strategies to incorporate that input in to service provision within Washoe County. One strategy was to add “Youth and Family Voice” to meeting agendas. As an agenda item, this allows for intentional time dedicated to hearing from youth and families as well as engage in discussion of informal trends that providers have observed with this population.

While each workgroup has several accomplishments and goals, here is a brief highlight for each workgroup. Workgroup 1 provides leadership in organizing a System of Care that is unique to the needs of Washoe County. In collaboration with Nevada PEP, an updated “Access to Care Guide” with information on the Medicaid managed care plans was developed and distributed. On Workgroup 2 recommendation, the Consortium provided fiscal support for three families to attend the Nevada Partners in Policy-Making program, a year-long training on advocacy skills and influencing policy. As one family stated, “I feel empowered to advocate for my family, support others, and influence change for children’s mental health.” Workgroup 3 has doubled in size through intense recruitment and engagement efforts, resulting in new information and collaborative opportunities for action. For example, “Safe Voice,” a suicide, bullying and violent event intervention program has been implemented in the school district. Lastly, Workgroup 4 supported the development and delivery of 6 life skills workshops at the Eddy House. For each workshop, 25-27 youth (ages 13-25) attended and 5 youth attended all 6 workshops.

Nevada PEP is a Consortium partner and encourages parents to attend and share their stories; for more information and a comprehensive review of the Consortium’s 2017 annual review, go to http://dcfs.nv.gov/uploadedFiles/dcfsnvgov/content/Meetings/2017%20Annual%20Plan.pdf.

COLLABORATION Highlight

Building Bridges Initiative BY: CHAR FROST, CPSP

Last November the Statewide Family Network and Youth M.O.V.E. Nevada attended the Building Bridges Initiative (BBI) Conference along with representatives from the Nevada System of Care and the Rural Mobile Crisis Response Team to learn about what Nevada can do to improve outcomes for youth in and returning from residential treatment centers.

The Building Bridges Initiative strives to create partnerships and collaboration between families, youth, community-based providers, residential treatment providers and policy makers so that policies and practice are family driven, youth guided, strength-based, individualized, evidence informed and culturally and linguistically competent.

Nevada Regional Behavioral Health Policy Boards BY: JACQUELINE HARRIS, MA, MFT, LADC

During the 2017 legislative session, the State of Nevada passed Assembly Bill 366, which established four regional behavioral health policy boards. The regions that were established are North, Washoe, Rural and Southern. The Northern region consists of Churchill, Douglas, Lyon, Mineral and Storey counties. Washoe region consists of Washoe County. Rural region consists of Elko, Eureka, Humboldt, Lander, Lincoln, Pershing and White Pine. Southern region consists of Clark, Esmeralda and Nye. There are 13 members appointed to each board, for a total of 52 members statewide.

Members of each board consist of six members appointed by the Governor (one of which has experience in evaluating and treating children including a representative of the criminal justice system, two member who have experience in the delivery of social services in the field, three members who represent hospitals, community based organizations and administrators or counselors of substance abuse or residential treatment facilities. The Speaker of the Assembly appointment three members including a health officer, psychiatrist or psychologist, and a private insurer. The Senate Majority Leader appoints a member who has received behavioral health services or family member, a provider of emergency service and a member of law enforcement. All membership positions have been appointed and filled at this time. The Regional Behavioral Health Policy Boards have a very wide ranging task ahead of them. They are to advise the Department of Health and Human Services, Division of Public and Behavioral Health and the Behavioral Health Commission on the following:
• Behavioral health needs in the region.
• Any progress, problems or proposed plans relating to behavioral health services and methods to improve services in the region.
• Identified gaps in the behavioral health services and any recommendations or service enhancements to address those gaps.
• Priorities for allocating money to support and develop behavioral health services in the region.

The boards are also tasked to promote improvements in the delivery of behavioral health services, coordinate and exchange information with other policy boards, review the collection and reporting standards of behavioral health data and submit an annual report to the Commission. The report to the Commission must include profiles of substance use and abuse, problem gambling and suicide, have behavioral health prevalence data for each behavioral health region and set health priorities for each region. Each board also has the capability to request the drafting of not more than one (1) legislative measure to the Legislative Counsel Bureau prior to September 1 proceeding the regular session.

Further information on the Regional Behavioral Health Policy Boards may be found at http://dpbh.nv.gov/Boards/RBHPB/Board_Meetings/Meetings...
The Rural Children’s Mental Health Consortium (RCMHC) is driven by a vision which includes a “System of Care” (SOC) approach to serving youth and their families with an overarching focus on prevention and intervention. The RCMHC addresses children’s mental health needs across fifteen large and diverse counties in Nevada. The predominate issues impacting children’s mental health in Rural Nevada are (1) limited access to services due to geographic distance and (2) insufficient provider availability. Currently, the RCMHC is focused on the seven specific goals that in essence: (1) Address Work Force Development to Provide Appropriate Mental Health Professionals to Rural Nevada and to Public Schools (2) Support a System of Care Designed for Nevada’s Rural Region that includes adequate technology to support Telehealth Services in Nevada’s Rural Region and the Rural Children’s Mobile Crisis Response Team (RMCRT); and lastly, (4) Address Behavioral Health Issues Early and Increase Transitional Support to Youth Receiving Treatment in Inpatient & Residential Treatment Centers, Especially Those Out-of-State Through Increased Local Service Array.

Significant gains were made in workforce development by providing additional avenues for members of rural communities to expand the number of mental health professionals at the regional and community level. The University of Nevada, Reno (UNR) School of Social Work expanded the social work program now offer multiple tracks of student admittance and graduation. They launched an online Masters of Social Work program and secured a grant to offer stipends for students to pursue social work education. The Social Workers in Schools (SWxS) has created a mechanism to provide appropriate mental health professionals in our schools and rural school districts can be official clinical internship sites.

The Consortium is committed to the unique needs and cultural considerations of Nevada rural diverse populations. The RCMHC is developing a stronger partnership with Nevada’s Tribes. In coordination with Rural Clinics, the System of Care offered free LGBTQ training that was broadcast from Carson City to 4 rural communities. The rural community partners, agency personnel, foster parents, parent partners and Division of Child and Family Services have increased their efforts and commitment to ensure a strong Consortia moving forward. Nevada PEP is a Consortium partner and encourage parents to share their story and speak their voice to improve children’s mental health services statewide. For more information, contact Nevada PEP and be part of the difference for children’s mental health.

8th Annual Run Walk Roll Against Bullying

SAVE THE DATE!
Saturday, October 20th
Sammy Davis Jr. Festival Plaza
720 Twin Lakes Dr, Las Vegas, NV 89107
Go to: www.nvpep.org

October is National Bullying Prevention Month

Question:
What is ESY and why would my child need it?

Answer:
Some students with a disability require special education and related services longer than the regular school year. Extended School Year (ESY) services can be used for to develop or maintain skills, foster emerging skills or for other reasons the Individualized Educational Program (IEP) team identifies. The parent and the rest of the team should discuss whether the student needs the additional time in school to prevent regression in learning and skills.

If you think your child needs ESY to benefit from their education, you can request an IEP meeting to discuss your concerns.

Nevada PEP offers workshops where families can learn about the IEP process. Visit our website at nvpep.org to sign up for a workshop or call our office (702) 388-8899 or (775) 448-9950.
Mission Statement

To increase the opportunities for home, community, and school success for children with disabilities, including those who are at risk or who have serious emotional disturbances, their families and their service providers, through education, encouragement and empowerment activities.

IN THIS Issue

- 21st Century Cures Act
- Implementing Assembly Bill 99
- Trauma and the Family of Children with Special Needs
- What Is Youth M.O.V.E. Nevada Up To?
- Upcoming Events
- Mental Health Consortiums
- Building Bridges Initiative
- Family-To-Family Support
- Ask The Advocate

Visit us online at www.nvpep.org

Volunteer Opportunities

I have been involved in Youth M.O.V.E Nevada since this chapter formed a little over a year now. I like having the company of teens who know what I’m going through and are like-minded. I feel welcomed by them and we all build off each other. We had the chance to be a part of a video campaign for mental health that was submitted to the Substance Abuse Mental Health Services Administration (SAMHSA) for their annual ECCO Awards. I was interviewed for this video, along with two others. My experience was that what we have to share as a teens in the mental health systems community is valued by people across all spectrums. Over four hundred views so far on YouTube and in my opinion, it has made such an impact on others. I hope that the video will let others know that stigma can be eliminated, so that people don’t have to feel uncomfortable getting help. I’m thankful for this opportunity to share my viewpoint on these topics. You can find the video on YouTube at: https://youtu.be/Mk9L5YEamyA