

## Tips for Calling

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- Write what you want to say and keep it to a maximum of two minutes.
- Include what action you support and link that to your experience. For example, “I support the ‘xyz’ bill about bullying. My 8-year-old daughter has a disability and she was bullied in school. It was devastating to her.”
- Practice reading what you wrote before you call.
- Find out who to call. (Look on the Internet, ask at a library, look in the phone book, ask staff at your Parent Center.)
- Be aware of timing. Calls to legislators are often best when there is a specific bill that is going to be acted on quickly and legislators need input from the public. (The best way to be aware of timing is to be a part of an action alert list or a legislative action network. Alerts are usually sent by e-mail.)
- Identify yourself and ask to speak to the appropriate person.
- Deliver your message. You may be asked to leave your message on a voice mail.



Compliments of Nevada PEP

1-800-216-5188  
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